

# **SURVIVE EXAM SEASON WITH US**

Refuel with coffee deals  
Recharge at wellness workshops  
Move, play, and reset with ping pong,  
board games, and fitness sessions.



**WELLNESS  
WORKSHOPS  
FOR YOU**



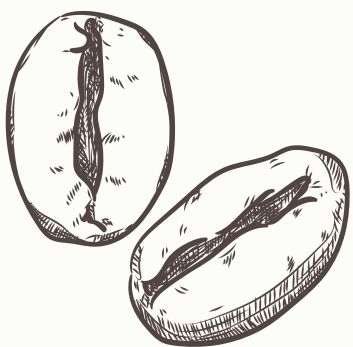
**COFFEE  
DEALS FOR  
DAYS...**

# SURVIVE EXAM SEASON WITH US

## Caffeine addiction fueled:

### Rep the Merch

Free drink with SOAS  
Mug purchase



### Stay Sustainable

Bring your own cup and  
save 25p

### Treat on us...

Get a free cookie with  
any hot drink purchase



### Too much?

Also get a £1 off  
voucher with ANY  
hot drink purchase

# Wellness Workshops

## Week 1

Getting off your laptop and moving will boost your productivity. Join us at wellness workshops available for all students through exam season.

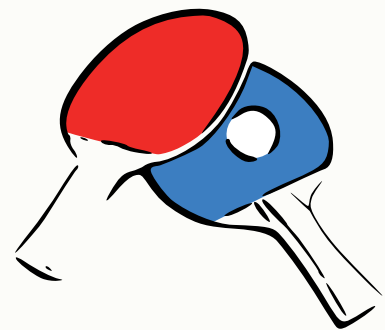


### Mug Painting

The perfect way to switch your brain off and focus on something else

### Ping Pong Competition

Need to let some more steam off? Join the ping pong tournament to win prizes



### Pilates Session

Free pilates session, switch off from the world and reset your body (womens only)

### Board Games

Board games available in SOAS Bar from 3-5 everyday. Just turn up and play!



# Wellness Workshops

## Week 2

Getting off your laptop and moving will boost your productivity. Join us at wellness workshops available for all students through exam season.

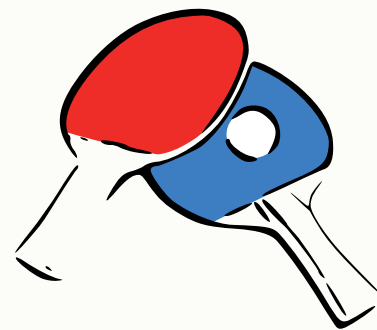
### Paint by Numbers

The perfect way to switch your brain off and focus on something else



### Ping Pong Competition

Need to let some more steam off? Join the ping pong tournament to win prizes



### Pilates Session

Free pilates session, switch off from the world and reset your body (womens only)



### Board Games

Board games available in SOAS Bar from 3-5 everyday. Just turn up and play!

